

Home Economics

The S1 course comprises the following topics

Mobile Magic

This aims to:

- offer an introduction to use of the sewing machine
- ensure pupils are able to sew on a button and make a hem

Ready, Steady, Go! ***

This aims to:

- develop an awareness of safety procedures
- develop a responsibility towards keeping work areas tidy
- develop practical skills and demonstrate proficiency in measuring
- reinforce personal/kitchen hygiene
- develop ability to follow written/oral instructions

Time for a Treat

This aims to:

- allow for the use of simple decorative techniques

Getting the Balance ***

This aims to:

- promote understanding of the possible choices for a healthier lifestyle
- encourage pupils to choose healthier food products and cookery processes
- inform pupils of the consequences of questionable choices

Lunch on the Move

This aims to:

- introduce an element of choice as to the contents of a 'healthier' packed lunch
- revise current dietary advice

Any One Can

This aims to:

- allow use of 'electrical' equipment to speed up food preparation
- raise awareness of the need of safety

Throughout the year pupils will increase their knowledge and application of practical skills.

***** Assessment of both theory and practical elements will be carried out**