

Personal & Social Education

Pupils have one period per week of PSE with their Pastoral Care teacher.

The aims of these lessons include:

building up their self-confidence
building up their self-esteem
increasing their self-awareness
decision making skills

This is done by looking at a series of short topics which cover the following issues:

'Study Skills' - homework, neat presentation and note-making
'Health Education' - solvent abuse and cannabis
'Sex Education' - issues relating to relationships, contraception etc
'Careers' - more emphasis is placed on this topic, including option choice
Citizenship
Bullying - text and cyber-bullying
Record of Progress

Use is made of homework planners not only to record homework but also to set targets and record achievements.